

# AVEDA™ Spa Services

## *Manicures & Pedicures*

### **Essential Manicure & Pedicure**

**\$25/\$45**

The basics, including exfoliation and massage, topped off with your choice of polish.

30min. mani and 45min. pedi.

### **Rosemary Mint Hand and Foot Therapy**

**\$35/\$55**

Relieve stress with this intoxicating combination of rosemary and peppermint, blended to increase circulation while balancing the mind and body.

30min. mani and 60min. pedi.

### **Caribbean Therapy Hand and Foot Treatment**

**\$40/\$60**

A special exfoliating paste and warm seaweed masque combine with Caribbean massage techniques to smooth, soften, relax and renew.

45min. mani and 90min. pedi.

## *Massage*

### **Infinity & Air**

**30min. \$55; 60min. \$75; 90min. \$125**

Slow, warming and deep massage to help with stress and overworked muscles.

### **Water & Earth**

Fast-paced, intense techniques to awaken sluggish muscles and stimulate circulation.

### **Fire**

Cooling, rhythmic massage techniques to refresh overheated, tense muscles and mental irritability.

### **Chakra™ Balancing Massage**

**60min. \$100; 90min. \$135**

Merges massage and guided meditation with our Chakra™ Balancing Blend aromas to open and balance the chakras - energy centers of the body.

## *Body Treatments*

### **BodyPolish**

**60min. \$75**

A total body exfoliation customized with your Aveda PureFume™ of choice. Warm aromatic towels, massage and moisture replenishment.

### **Caribbean Therapy Body Treatment**

**90min. \$125**

Begin with a dry exfoliation followed by a smoothing, detoxifying seaweed masque and wrap. A restorative scalp, face and body massage completes this island-inspired experience.

### **Pure-Formance™ Stress Relief Ritual**

**30min. \$50**

For men: a stress-relieving scalp and shoulder ritual using a multi-functional blend of essential oils that will soothe and rejuvenate hair and body.

### **Rosemary Mint Awakening Body Wrap**

**60min. \$90**

Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balances the whole body.

## *Hair & Scalp Treatments*

**Botanical Hair & Scalp Therapy<sup>sm</sup>** 30min. \$60

Intense repair that begins with a scalp, neck and shoulder massage, then hair is treated with one of two intense repair formulations.

## *Facials*

**Perfecting Plant Peel<sup>sm</sup> "Lunch Time Peel"** 30min. \$80

This peel gives you the instant exfoliation and radiance benefits of a 30% glycolic peel but without the associated irritation. Series of 6 recommended.

**Enbrightenment<sup>tm</sup> Discoloration Treatment** 60min. \$130

A combination of powerful ingredients, professional massage, and reflexology developed as part of a complete skin care system. **Add Perfecting Plant Peel to Enbrightenment for \$30**

**Skin Renewing Treatment** 60min. \$130; 90min. \$160

Combines high-tech plant technology with a high-touch service to maximize the benefits of Green Science skin care system. Incorporates skin-rejuvenating massage and masque.

**Add Perfecting Plant Peel to Skin Renewing for \$30**

**Outer Peace<sup>tm</sup> Acne Relief Treatment** 60min. \$90

A total solution that treats not only acne symptoms, but helps skin stay clear. Includes professional exfoliation, pore extractions and redness reduction. A 3 week series is recommended.

**All-Sensitive<sup>tm</sup> Facial** 60min., \$85

Mindful techniques that take hyper-responsive skin to a state of balance. Integrates a modern understanding of sensitive skin with unique botanical formulations for gentle, yet effective, care.

**Aveda Customized Facials** 60min. \$85; 90min. \$115

A treatment masque and massage in addition to cleansing, hydrating and balancing of the body and mind through nurturing aromas and rituals.

**Botanical Skin Resurfacing** 60min. \$95

Aveda's innovative alternative to micro-dermabrasion that smooths skin texture, reduces the appearance of fine-lines, and diminishes pore size while significantly increasing radiance.

**Eye Zone Treatment** 30min. \$25

Let us soothe your delicate eye zone with a cooling and revitalizing treatment that combines gentle massage techniques with state-of-the-art plant and flower-based formulas.

**Self-Renewal Face and Body Experience** 90min. \$150

Advanced flower and plant technology combined with acupressure, Ayurveda and massage techniques, restores the "self" to a state of renewal.